

## Teressa Wilcox Testimony

I was born and raised in Southern California. I currently live in Orange County with my husband and three children. I grew up in the church and continued to have a passive relationship with the Lord until I began my own family. After having our first child, my husband and I began going to bible studies and digging into God's word. This began a hunger to know God more intimately and deepen my relationship with Him. Since then, my husband and I have served together in many capacities and continuously strive to put the Lord first in our lives.

My professional training is in Marriage and Family Therapy. I have worked for the past 20+ years in various settings ranging from Adolescent Residential Treatment Centers, Women's Shelters & Christian Churches.

I also currently teach at Hope International University. I serve as part-time adjunct faculty in the School of Psychology and Counseling, MFT Graduate Program. Some courses I teach are Theories of Marriage and Family Therapy, Treatment of Couples, Human Sexuality, Supervised Practicum, and Treatment of Older Adults.

I also am an AAMFT Approved Supervisor. I currently supervise student trainees at HIU Counseling Center in Anaheim.

For the past decade, I have been participating in short-term missions work. This has led to a relationship with Ignite Missions Honduras. I participate in Ignite's Annual Missionary Couples Retreat as a guest speaker and pastoral counselor. In 2013 I became commissioned by West Cypress Church.

These experiences have led me to a passion for helping families and strengthening relationships. I believe that I can help you strengthen and grow the relationships in your life.